**Phrases to Help Elicit the Patient's Perspective**

| ***AREAS OF FOCUS*** | ***SUGGESTED PHRASES*** |
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| Feelings | “How did that make you feel [emotionally]?” |
|  | “Tell me more about what was worrying you.” |
|  | “What were your emotions at that time?” |
|  | “What would you say is worrying you the most?” |
|  | “How do you feel about that?” |
|  | “What was that like [emotionally]?” |
| Ideas | “What do you think is the cause of…?” |
|  | “Do you have any thoughts on what might be causing this?” |
| Concerns | “What do you worry about regarding your health?” |
|  | “Is there something you worry might happen?” |
|  | “What are your fears about…?” |
| Impact | “How has your illness affected your daily life?” |
|  | “What difficulties are you facing because of your illness?” |
| Expectations | “What would you like to get out of today's visit?” |
|  | “What more can I do for you today?” |
|  | “Is there anything else you need from us today?” |